



Sociology of Mental Health

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From the Chair

Who was the first sociologist? Was it Ibn Khaldun, from North Africa? Comte or Durkheim from France? German speakers Marx or Weber? Or a long list of British suspects? How strange, then, given this old world background, that sociology should have established itself most strongly on this continent, with the punctuation mark of the formation of the American Sociological Association 100 years ago. That's what we are celebrating in Philadelphia this August.

Who was the first sociologist of mental health? Durkheim has got to be number one! Robert Faris and Warren Dunham were writing about this topic as early as the 1920's, and Sandy Hollingshead's contributions started in the early 1950's. How strange,

then, that our section, the Sociology of Mental Health, was established only about a decade ago. Come ponder these imponderables, taking the long, long, view, with us this August! The sessions look to be excellent and there is bound to be additional vigor to the meeting on our 100th anniversary.

On another note, I would like to invite members of the section to take advantage of the listserv. You can send an email to the entire section- this could include announcements of job openings, requests for help on a given topic, or anything else of interest to the general membership. You send the body of the email to me or to Fernando, along with a request explaining in a few words why it is of general interest, and we will send it out.

2005 ASA Mental Health Section Nominations:

Chair Elect: Mark Tausig, Deb Umberson

Nominations Chair Elect: Sara Rosenfeld, Heather Turner

Publications Chair Elect: Michael Hughes, Jack Martin

Standing Council Elect: Don Lloyd, Kristen Marcussen

(Look inside for complete biographical information)

OF SPECIAL INTEREST:

-IDEAS FOR A LOGO FOR THE SECTION STILL SOUGHT



-SECTION WEBSITE COMING SOON

-MENTAL HEALTH SECTION NOMINATIONS

-PEARLIN AWARD SPECIAL ELECTION RESULTS

-RESEARCH FUNDING OPPORTUNITY

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Section Officers

Section Chair

Bill Eaton

Chair-Elect

Bernice Pescosolido

Past Chair

Jane McLeod

Secretary-Treasurer

Robin Simon

Nominations Chair

Ginnie Hiday

Awards Chair

Bruce Link

Publications Chair

Peggy Thoits

Student Member

Christina Falci

Council

Scott Schieman

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Results of the Special Election for the By-Laws Amendment Concerning the Pearlin Award

Vote in favor of proposed amendment:

Yes - 84

No - 3

One member suggested that this amendment should be reconsidered every year.

Of Interest

Mental Health: Sweating Depression Away

By ERIC NAGOURNEY

Published: February 1, 2005

(Taken from the New York Times website)

People with mild to moderate depression can significantly reduce their symptoms if they exercise aerobically, a new study reports.

The study appears in the current issue of The American Journal of Preventive Medicine and was led by Dr. Andrea L. Dunn of the Cooper Institute in Golden, Colo.

Exercise has often been described as a valuable mood enhancer. "People say that all time that 'If I could exercise, I would feel better,' " said a co-author of the study, Dr. Madhukar H. Trivedi of the University of Texas Southwestern Medical Center.

But the goal of this study, the researchers said, was to try to establish scientifically if exercise really helped with depression and, if so, how much was needed. The researchers took 20 adults ages 20 to 45 with diagnoses of depression and separated them into groups.

Some did differing amounts of aerobic activity, working on a treadmill or exercise bike. One did flexibility exercises. None were taking medication for depression. After 12 weeks, the researchers found that patients who worked out for half an hour three to five times a week reported half the symptoms of depression that they had before the program began.

The more they worked out, the less depressed they reported feeling. Too little aerobic activity produced the same results as the stretching group.

The study noted that the exercise was done in groups, so the social support may also have played a role in the improvement. But whatever the explanation, the benefits were comparable to those achieved with medication or therapy, the study said.

Chair-Elect Nominees Biographies



Name: Debra Umberson

Present Position: Professor and Chair, University of Texas at Austin (1988-present).

Previous Professional Positions: NIMH Postdoctoral Fellow, University of Michigan. Education: BA, MSW, University of Arkansas at Little Rock (1980, 1981); PhD, Vanderbilt University (1985).

Offices, Committee Memberships, and Editorial Appointments Held in ASA: Council Member, Medical Sociology Section (2001-03); Secretary/Treasurer, Mental Health Section (1999-2002); Deputy Editor, *Journal of Health and Social Behavior* (1993-97).

Publications and Professional Accomplishments: *As Good As It Gets? A Life Course Perspective on Marital Quality, Social Forces* (forthcoming)

Parenthood, Parenting, and Marital Interaction in *Sourcebook of Family Theory and Research* (V. Bengtson, A. Acock, K. Allen, P. Dilworth-Anderson, D. Klein, Editors, Sage Pubs. (forthcoming)

Death of a Parent: Transition to a New Adult Identity, Cambridge University Press (2003)

“Relationship Dynamics, Emotion State, and Domestic Violence; A Stress and Masculinities Perspective, *Journal of Marriage and Family* (2003)

Violent Behavior: A Measure of Emotional Upset?, *Journal of Health and Social Behavior* (2002).



Name: Mark Tausig

Present Positions: Professor of Sociology, University of Akron, (1995); Associate Dean of the Graduate School

Education: Ph.D. State University of New York at Albany, 1979

Offices: Committee Memberships, and Editorial Appointments held at ASA: Secretary-Treasurer Section on the Sociology of Mental Health, Chair, Careers and Employment Committee, Medical Sociology Section, Newsletter Editor, Section on the Sociology of Mental

Selected Recent Publications: Mark Tausig, Rudy Fenwick, Steven L. Sauter, Lawrence R. Murphy and Corina Graif. 2004. “The Changing Nature of Job Stress: Risk and Resources.” Pp. 93-126 in Research in Occupational Stress and Well Being, Volume 4. Edited by Pamela Perrewé. Elsevier.

Rudy Fenwick and Mark Tausig. 2004. “The Health and Family-Social Consequences of Shift Work and Schedule Control: 1977 and 1997.” Pp. 77-110 In Fighting for Time: Shifting Boundaries of Work and Social Life. Edited by Cynthia Fuchs Epstein and Arne L. Kalleberg. Russell Sage Foundation: New York.

Mark Tausig, Janet Michello and Subhasree Subedi. 2003. A Sociology of Mental Illness, Second Edition Prentice Hall:Englewood Cliffs,NJ.

Mark Tausig, Sree Subedi, C.L. Broughton, Janardan Subedi, S. Williams-Blangero. 2003. “Measuring Community Mental Health in Developing Societies: Evaluation of a Checklist Format in Nepal.” The International Journal of Social Psychiatry, 49:284-301.

Rudy Fenwick and Mark Tausig. 2001. Scheduling Stress: Family and Health Outcomes of Shift Work and Schedule Control. American Behavioral Scientist, 44:1174-93.

Mark Tausig and Rudy Fenwick. 2001. Unbinding Time: Alternate Work Schedules and Work-Life Balance. Journal of Family and Economic Issues , 22:101-119.

Mark Tausig. 1999. Work and Mental Health Pp. 255-74. in, Handbook of the Sociology of Mental Health. Edited by Carol S. Aneshensel and Jo Phelan. Plenum:NY.

Nominations Chair-Elect Biographies

Name: Heather A. Turner

Present Professional Position: Associate Professor, University of New Hampshire (1998-present); Research Associate, Crime against Children Research Center, University of New Hampshire (2001-present).

Previous Professional Positions: Assistant Professor, University of New Hampshire (1992-1998); Research Scientist, University of California, San Francisco (1990-1992).

Education: Ph.D., University of California at San Francisco (1990); B.A., University of Western Ontario (1985).

Offices, Committee Memberships, and Editorial Appointments Held in ASA: Council Member, Section on the Sociology of Mental Health (2001-2003); Associate Editor, *Journal of Health and Social Behavior* (1999-2002).

Publications and Professional Accomplishments: Exposure to Inter-Parental Conflict and Psychological Disorder among Young Adults, *Journal of Family Issues* (in press)

Understanding Variations in Exposure to Social Stress, *Health* (in press)

The Victimization of Children and Youth: A Comprehensive, National Survey, *Child Maltreatment* (in press). Direct and Indirect Effects of Childhood Adversity on Depressive Symptoms in Young Adults, *Journal of Youth and Adolescence* (2003)

Gender, Social Status, and Emotional Reliance, *Journal of Health and Social Behavior* (1999)

Co-investigator, *Developmental Victimization Survey, U.S. Department of Justice* (2002-2007).

Principal Investigator, *Stress, Social Capital, and Mental Health among Rural Single Mothers*, Ford Foundation (2001-2002).

Principal Investigator, *Childhood Adversity and the Mental Health of Young Adults*, National Institute of Mental Health (1997-2000).

Director, *International Conference on Social Stress Research* (2002-present).

Name: Sarah Rosenfield

Present Position: Associate Professor of Sociology and Core Member, Institute for Health, Health Care Policy, and Aging Research, Rutgers University (1992-present).

Previous Professional Positions: Assistant Professor of Sociology, Rutgers University, (1986-1991)

Education: Postdoctoral Fellow, Yale University (1978-1980); Ph.D., University of Texas (1978); Predoctoral Fellow, Training Program in Psychiatric Epidemiology, Columbia University (1973-1976); M.A., University of Texas (1975); B.A., Washington University (1970).

Offices, Committee Memberships, and Editorial Appointments Held in ASA: Associate Editor, *Social Psychology Quarterly* (2002-2005); Associate Editor, *Journal of Health and Social Behavior*, (1984-1987, 1993-1996, 1999-2004), Membership Chair, Medical Sociology Section (2002-2004); Chair, Mental Health Section (1999-2000), Nominations Chair, Medical Sociology Section (1996-1997), Nominations Committee, Mental Health Section (1995-1997), Nominations Committee, Medical Sociology Section, (1994-1995); Chair of Publications, Mental Health Section (1993-1995).

Selected Publications and Professional Accomplishments: *Mental Health and the Self: The Impact of Self-Salience* *Journal of Health and Social Behavior* (conditional acceptance, with Mary Clare Lennon and Helene White)

Power, Gender, and the Self: Reflections on Improving Mental Health for Males and Females in Stuart A. Kirk, ed., *Mental Health in the Social Environment: Critical Perspectives*, Columbia University Press (2004, with Kathy Pottick)

"Gender Stratification And Mental Health: An Exploration of Dimensions of the Self," *Social Psychology Quarterly* (2000, with Jean Vertefuille and Donna McAlpine)

"Splitting the Difference: Gender, the Self, and Mental Health in Carol Anaschensel and Jo Phelan, eds., *Handbook of the Sociology of Mental Health*. New York: Plenum (1999)

Publications Chair-Elect Biographies

Name: Michael Hughes

Present Position: Professor, Department of Sociology, Virginia Polytechnic Institute and State University (1979 to Present).

Previous Professional Positions: Research Fellow, "Psychosocial factors in mental health and illness," and Research Associate, "Epidemiology: Alcohol, drug abuse, and mental disorders." Institute for Social Research, University of Michigan (1992 to 1994).

Education: Ph.D. in sociology from Vanderbilt University (1979); M.A. University of Alabama (1971); BA University of Alabama (1967).

Offices, Committee Memberships, and Editorial Appointments Held in ASA: Editor, Journal of Health and Social Behavior, 2000-2004, Associate Editor: Journal of Health and Social Behavior, 1984-1987, Editorial Board: American Sociological Review, 1997-1999.

Publications and Professional Accomplishments: Gilman, Stephen E., Susan D. Cochran, Vickie M. Mays, Michael Hughes, David Ostrow, and Ronald C. Kessler. 2001.

"Risk of psychiatric disorders among individuals reporting same-sex sexual partners in the National Comorbidity Survey." American Journal of Public Health 91 (June):933-939

Hughes, Michael and Melvin E. Thomas. 1998. "The Continuing Significance of Race Revisited: A Study of Race, Class and Quality of Life in America, 1972 to 1996," American Sociological Review, 63 (December): 785-795.

Kessler, Ronald C., Katherine A. McGonagle, Shanyang Zhao, Christopher B. Nelson, Michael Hughes, Suzann Eshleman, Hans-Ulrich Wittchen, and Kenneth S. Kendler. 1994.

"Lifetime and 12-month prevalence of DSM-III-R psychiatric disorders among persons aged 15-54 in the United States: Results from the National Comorbidity Survey," Archives of General Psychiatry, 51 (January):8-19.

Name: Jack K. Martin

Present Professional Position: Executive Director of the Karl Schuessler Institute for Social Research and Senior Research Scientist. Department of Sociology, Indiana University, Bloomington, IN

Previous Professional Positions: Professor of Sociology, Kent State University, Kent Ohio. Senior Research Scientist, Institute for Behavioral Research, the University of Georgia, Athens, Georgia. Director, The Survey Research Center, the University of Georgia, Athens, Georgia.

Education: Ph.D. 1980, Sociology, the University of Utah. M.A. 1976, Sociology, Ball State University. B.S. 1972, Secondary Education, Ball State University.

Offices, Committee Memberships, and Editorial Appointments Held in ASA: Dissertation Award Committee (2005-2008) Editorial Board, *Journal of Health and Social Behavior* (2000-2004). Minority Fellowship Committee (1997-2000).

Publications and Professional Accomplishments: "Cultural Authority and the sovereignty of American medicine: The role of networks, class, and community" (with B.A. Pescosolido). *Journal of Health Politics, Policy & Law*. v.29(4-5): 735-756, 2004.

"Problem drinking patterns among African Americans: The impacts of experiences with discrimination, perceptions of prejudice, and 'risky' coping strategies" (with P.M. Roman & S.A. Tuch). *Journal of Health and Social Behavior*. v.44(3):408-25, 2003

"The profession of medicine & the public: Americans' changing confidence in physicians from the beginning of the 'Health Care Crisis' to the era of health care reform" (with B.A. Pescosolido & S.A. Tuch. *Journal of Health and Social Behavior* v.42(1): 1-16, 2001.

"Of fear and loathing: The role of 'disturbing behavior', labels, and causal attributions in shaping public attitudes toward persons with mental illness" (with B.A, Pescosolido & S.A. Tuch). *Journal of Health and Social Behavior* v.41(2): 208-33, 2000.

Recipient of the University of Georgia's Creative Research Medal (1996).

Standing Council-Elect Biographies

Name: Andrew S. London

Present Position: Associate Professor of Sociology & Senior Research Associate, Center for Policy Research, Syracuse University (2002-present). Previous Professional Positions: Assistant to Associate Professor, Kent State University (1996-2002); Postdoctoral Fellow and Adjunct Assistant Professor, University of California, Los Angeles (1993-1996).

Education: Ph.D., University of Pennsylvania (1993).

Offices, Committee Memberships, and Editorial Appointments Held in ASA: Journal of Health and Social Behavior Editorial Board (2004-present); Chair, Sociologists' AIDS Network (2002-2004).

Publications and Professional Accomplishments: "Welfare Reform, Work-Family Tradeoffs, and Child Well-Being," *Family Relations* (London et al., 2004)

"Use of Complementary Therapists among People in Care for HIV in the United States," *American Journal of Public Health* (London et al., 2003)

"Dangerous Dependencies: Domestic Violence in the Context of Welfare Reform." *Gender & Society* (Scott et al., 2002)

"Psychiatric Disorders and Drug Use among HIV-Infected Adults in the United States," *Archives of General Psychiatry* (Bing et al., 2001)

"Use of Mental Health and Substance Abuse Treatment Services among HIV-Infected Adults in the United States," *Archives of General Psychiatry* (Burnam et al. 2001).

Name: Kristen Marcussen

Present Position: Assistant Professor, Kent State University (2000-present).

Education: PhD, The University of Iowa (2000)

Offices, Committee Memberships, and Editorial Appointments Held in ASA: ASA/NIMH Minority Fellowship Mentor (2001-2004); Committee Member, Social Psychology Section (2000-2002).

Selected Publications and Professional Accomplishments:

Explaining Differences in Mental Health between Married and Cohabiting Individuals, *Social Psychology Quarterly*, Forthcoming (Fall, 2005).

The Role of Identity Salience and Commitment in the Stress Process (co-authored with Christian Ritter and Deborah Safron). *Sociological Perspectives*, 47: (2004).

Using Identity Discrepancy Theory to Predict Psychological Distress (co-authored with Michael Large), *Advances in Identity Theory and Research*, Kluwer/Plenum (2003).

Extending Identity Theory to Predict Differential Forms and Degrees of Psychological Distress (co-authored with Michael Large), *Social Psychology Quarterly*, 63 (2000).

Marital Transitions, Marital Beliefs and Mental Health (co-authored with Robin Simon), *Journal of Health and Social Behavior*, 40, (1999).

Announcements

National Institutes of Health Seeks Applications For the 2005 NIH Director's Pioneer Award

The National Institutes of Health (NIH) announces the 2005 NIH Director's Pioneer Award, a key component of the NIH Roadmap for Medical Research (see January 2004 *Footnotes* newsletter, p. 3, Public Affairs Update, and the November 2003 *Footnotes* Executive Officer's column, p. 2). The award supports scientists of exceptional creativity who propose pioneering approaches to major challenges in biomedical research. The goal of the program is to stimulate high-risk, high-impact research by enabling exceptionally creative investigators from multiple disciplines—including biomedical, behavioral, social, physical, chemical and computer science; engineering; and mathematics—to develop and test groundbreaking ideas relevant to NIH's mission.

The program is open to scientists at all career levels who are currently engaged in any field of research, interested in exploring biomedically relevant topics, and willing to commit the major portion of their effort to Pioneer Award research. Women, members of groups that are underrepresented in biomedical research, and individuals in the early to middle stages of their careers are especially encouraged to nominate themselves. Awardees must be U.S. citizens, non-citizen nationals, or permanent residents.

In September 2005, NIH expects to make 5 to 10 new Pioneer Awards of up to \$500,000 in direct costs per year for 5 years.

The streamlined self-nomination process includes a 3- to 5-page essay, a biographical sketch, a list of current research support, and the names of three references. Submit nominations on the Pioneer Award website, at <http://nihroadmap.nih.gov/pioneer>, between March 1 and April 1, 2005.

For more information, visit the Pioneer Award website or e-mail questions to pioneer@nih.gov.

Timothy J. Owens, *From Adolescence to Adulthood in the Vietnam Era*. New York: Springer (2005).

Children born during the post-WWII era of peace and prosperity entered history at a time dominated by I-Like-Ike politics and domestic security. As they approached adolescence, however, their world was shaken by major cultural, economic, social, and political upheaval. And although it was time of great innovation and progress, a sense of chaos and bitterness began to envelop the country. It was the '60s. For many Americans, a mere mention of this decade evokes an extraordinary time and place in the country's - and their own - history. Adolescents who had been enjoying the technological and medical advances of the era - television, drive-in movies, rock-and-roll, vaccinations that prevented once-incurable diseases - now were also experiencing the fallout from the Civil Rights Movement, domestic terrorism, stagflation, and (perhaps most significant) the Vietnam War. *From Adolescence to Adulthood in the Vietnam Era* provides a unique, detailed, long-term study of the psychological and social worlds of male adolescents who were on the cusp of adulthood as the 1960s were ending. This longitudinal analysis follows adolescent boys who graduated with the class of 1969 and transitioned into adulthood either through military service, full-time employment, or college life. The results examine the different pathways these boys chose and the affect these choices had on their transition from adolescents to young adult men.

Web-link: <http://www.springeronline.com/sgw/cda/frontpage/0,11855,4-40109-22-34956955-0,00.html>

Announcements



JOHNS HOPKINS
BLOOMBERG
SCHOOL of PUBLIC HEALTH

The Department of Mental Health invites applications for masters level, doctoral, and postdoctoral studies for the 2005/2006 academic year. The Department engages in population-based research on the etiology, occurrence, prevention, and control of mental, alcohol and drug dependence disorders. Research is particularly active in the areas of: adult psychiatric epidemiology; cognitive health and aging; psychoactive drug use; family, and community-based preventive interventions; youth violence; and socioeconomic stratification and mental disorders. Fellows and students have the opportunity to participate in the department's collaboration with Morgan State University's Drug Abuse Research Program, the JHU/MSU Center for Health Disparities, and a joint training program in the genetic epidemiology of neuropsychiatric disorders co-sponsored by the Intramural Research Program of the National Institute of Mental Health.

Support is available from government-sponsored training programs in Psychiatric Epidemiology, Prevention Research, Child Mental Health Services and Service Systems Research, and Epidemiology of Drug Dependence. Stipends are \$20,772 for doctoral studies and from \$35,568 to \$51,036 for postdoctoral fellows. Candidates for government-sponsored support must be U.S. citizens or permanent residents. Limited support for other students is available from other sources, including 75% tuition scholarships after six quarters of doctoral study. Minority students and those with demonstrated commitment to minority health are eligible for special doctoral scholarships.

The Master of Health Science (MHS) degree is organized around a core set of four terms of graduate courses, and a one-term field placement to integrate and practice mastery of what has been learned in the course work, and completed in one year. Limited tuition scholarships are available for MHS students.

For Additional Information Contact:

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